

## Leadership Alerts

Articles & Links on Educational Leadership, Tech and Customer Service, Compiled & edited by VCC Library

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McGinn, D. (2017). The science of pep talks: to fire up your team, draw on a research-proven, three-part formula. *Harvard Business Review*, 95(4), 133-137. Please search [Business Source Complete](#) for this article.

The ability to deliver an energizing pep talk is a prerequisite for any business leader. But few managers receive formal training in how to give one. Instead, they learn mostly by emulating inspirational bosses, coaches, or even fictional characters. However, research shows there is a science to psyching people up for better performance. According to motivating language theory, most winning formulas include three key elements: direction giving, or describing precisely how to do the task at hand; expressions of empathy, or concern for the performer; and meaning-making language, which explains why the task is important. All the evidence suggests that, once leaders understand these three elements, they can learn to use them more skillfully. [ABSTRACT FROM AUTHOR]

Shambaugh, R. (2017). [All voices on deck: How inclusiveness can help define your leadership style](#). *Leader To Leader*, 2017(85), 12-17. doi:10.1002/ltl.20300

The article talks about how inclusiveness can assist in defining ones leadership style. Topics discussed include the concept of inclusive leadership, the author's role in advising on leadership development for the twenty-first century, and the status quo at the leadership level in corporate boardrooms. [ABSTRACT FROM AUTHOR]

Boyatzis, R. E., Smith, M. L., & Blaize, N. (2006). [Developing Sustainable Leaders Through Coaching and Compassion](#). *Academy Of Management Learning & Education*, 5(1), 8-24. doi:10.5465/AMLE.2006.20388381

By integrating recent findings in affective neuroscience and biology with well-documented research on leadership and stress, we offer a more holistic approach to leadership development. We argue here that leader sustainability is adversely affected by the psychological and physiological effects of chronic power stress associated with the performance of the leadership role. We further contend, however, that when leaders experience compassion through coaching the development of others, they experience psychophysiological effects that restore the body's natural healing and growth processes, thus enhancing their sustainability. We thus suggest that to sustain their effectiveness, leaders should emphasize coaching as a key part of their role and behavioral habits. [ABSTRACT FROM AUTHOR]

[Leading with kindness: Case studies in compassionate management](#) [Video file]. (2009). Retrieved July 4, 2018, from <https://fod.infobase.com/PortalPlaylists.aspx?wID=107055&xtid=44864>



### BOOKSHELF SPOTLIGHT

