

Leadership Alerts

Articles & Links on Educational Leadership, Tech and Customer Service, Compiled & edited by VCC Library

May 2 2018

Mangurian, G. E. (2007). Realizing What You're Made Of. *Harvard Business Review*, 85(3), 125-130. Please search [Business Source Complete](#) for this article.

A ruptured disk pressed against Glenn Mangurian's spinal cord several years ago, leaving the lower half of his body permanently paralyzed. One minute, Mangurian was healthy and secure in his career as a management consultant; the next, his life was transformed and filled with uncertainty. The injury has taught him volumes about resilience and leadership. In this first-person account, he explains how people can create a new future after a crisis hits -- and how, even if they're simply tackling everyday challenges, they can prepare themselves for the worst. Mangurian identifies resilience as one of the key qualities desired in business leaders today, but he says that many people confuse it with toughness. [ABSTRACT FROM AUTHOR]

Jones, G. (2008). How the Best of the Best Get Better and Better. *Harvard Business Review*, 86(6), 123-127. Please search [Business Source Complete](#) for this article.

What is the real key to elite performance? According to sports psychologist turned executive coach Graham Jones, star athletes and businesspeople share one defining trait: mental toughness. People who become champions aren't necessarily more gifted than others; they're just masters at managing pressure, meticulously tackling goals, and driving themselves to stay ahead of the competition. Jones, who has advised Olympic medalists and Fortune 500 executives, sees many parallels between the arenas of business and sports, especially in the behavior of people who rise to the very top. [ABSTRACT FROM AUTHOR]

Seligman, M. P. (2011). Building Resilience. *Harvard Business Review*, 89(4), 100-106. Please search [Business Source Complete](#) for this article.

Failure is a familiar trauma in life, but its effects on people differ widely. Some reel, recover, and move on with their lives; others get bogged down by anxiety, depression, and fear of the future. Seligman, who is known as the father of positive psychology, has spent three decades researching failure, helplessness, and optimism. He created a program at the University of Pennsylvania to help young adults and children overcome anxiety and depression, and has worked with colleagues from around the world to develop a program for teaching resilience. That program is being tested by the U.S. Army, an organization of 1.1 million people where trauma is more common and more severe than in any corporate setting. Nevertheless, businesspeople can draw lessons from resilience training, particularly in times of failure and stagnation. [ABSTRACT FROM AUTHOR]

Bennis, W. G., & Thomas, R. J. (2002). Crucibles of Leadership. *Harvard Business Review*, 80(9), 39-45. Please search [Business Source Complete](#) for this article.

What makes a great leader? Why do some people appear to know instinctively how to inspire employees-bringing out their confidence, loyalty, and dedication-while others flounder again and again? No simple formula can explain how great leaders come to be, but Bennis and Thomas believe it has something to do with the ways people handle adversity. [ABSTRACT FROM AUTHOR]

BOOKSHELF SPOTLIGHT

